# 54<sup>th</sup> Jesuit - Sheaner Relays

March 23-24, 2018

### **FRIDAY**

March 23, 2018

6:30 pm 3,200 Meter Run - race order: Girls; Boys Timed Final

### **SATURDAY**

March 24, 2018

#### **FIELD EVENTS**

8:00 am	Boys 6A Long Jump
	Boys Triple Jump 5A
8:30	Boys 6A High Jump
	Boys 6A Shot Put
	Boys Discus 5A
9:30	Boys Pole Vault 5A & 6A
	(starting height 12'0")
	Session I will end at 13'6"
	Session II will resume at 11:00 am with the bar at 14'0"
	Vaulters entering at the beginning of session II
	will be given a 40-minute warm-up period.
10:30	Boys Long Jump 5A
	Boys 6A Triple Jump
	Boys Shot Put 5A
10:30	Boys High Jump 5A
	Boys 6A Discus
11:30	High Jump Girls
12:00	Long Jump Girls
following Long Jur	Triple Jump Girls
12:30	Shot Put Girls
following Shot Put	<b>Discus Girls</b>
1:30	Pole Vault Girls



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### **SATURDAY**

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### RUNNING EVENTS MORNING SESSION

race order: Girls; 5A Boys; 6A Boys

7:00–8:25 am	Track Open for practice	
8:30 am	Distance Medley Relay - <u>Boys Only</u> 1200m, 400m, 800m, 1600m	Timed Final
Rolling	4 x 100 Meter Relay - Boys Only	Preliminary
Schedule	800 Meter Run – Section 1	Timed Final
	100 / 110 Meter High Hurdles	Preliminary
	100 Meter Dash	Preliminary
	400 Meter Dash	Preliminary
	300 Meter Intermediate Hurdles	Preliminary
	200 Meter Dash	Preliminary
	1,600 Meter Run – Section 1	<b>Timed Final</b>

### **AFTERNOON SESSION**

1:30-2:15 pm	Track Open for practice	
2:25 pm	Opening Ceremonies	
2:30	4 x 100 Meter Relay	<b>Timed Final</b>
2:45	800 Meter Run – Section 2	<b>Timed Final</b>
2:55	100 Meter High Hurdles	<b>Timed Final</b>
3:00	110 Meter High Hurdles	<b>Timed Final</b>
3:10	100 Meter Dash	<b>Timed Final</b>
3:20	4x200 Meter Relay	<b>Timed Final</b>
3:35	400 Meter Dash	<b>Timed Final</b>
3:50	<b>300 Meter Hurdles</b>	<b>Timed Final</b>
4:05	200 Meter Dash	<b>Timed Final</b>
4:25	1,600 Meter Run – <u>Section 2</u>	<b>Timed Final</b>
4:40	4 x 400 Meter Dash Relay	<b>Timed Final</b>

